

Let's Get Started



Early Childhood Intervention Services



[hello]

**Today we begin our
relationship with your
child, and your family.**

Welcome to St.Giles

At St.Giles we act with great compassion and innovation. We have been a disability support service and have earned Tasmania's trust and respect for more than 80 years.

Today we begin our relationship with your child, and your family.

At St.Giles we are passionate about providing early intervention services which are evidenced based, support families and provide the best outcomes for children and their families. We are so privileged to be invited into your family to offer our support, share knowledge, provide you with assistance and coach you to learn new skills to assist your child.

We view our relationship as an active partnership whereby we work together to provide a fun and individual experiences for your child. While we have skilled knowledge in certain areas of child development, you are an expert on your own child. It is through creating a trusting and involved partnership that we can work together to support the development of your child.

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Core Values

There are our Core Values that we are guided by at St.Giles:

Intentional

We choose to engage in our work with purpose and presence, putting people first.

Optimistic

We choose to see the opportunity in every challenge, supporting each other to find understanding and learning.

Collaborative

We commit to partnering at all times with those we serve and work alongside.

Accountable

We choose to follow through with actions, taking pride and ownership as we strive for collective results.

Uncomplicated

We make things simple, enabling people to achieve success efficiently, effectively and safely.

“ A collaborative place that is intentional, accountable, uncomplicated and optimistic. Enabling people to thrive.



Key Worker Model

The research tells us that supporting your family in a Key Worker model sets you up to get the best outcomes for your child and family when being supported by Allied Health Therapists. This model is recommended by the National Disability Insurance Scheme Early Childhood Early Intervention Pathway as the best way of a child being supported in their early years.

The Key Worker model involves your family learning from one professional who are a part of a transdisciplinary team of professionals who work collaboratively. The professionals have a background in Allied Health or Education and have knowledge across all areas of early childhood development. One of these professionals will become your Key Worker.

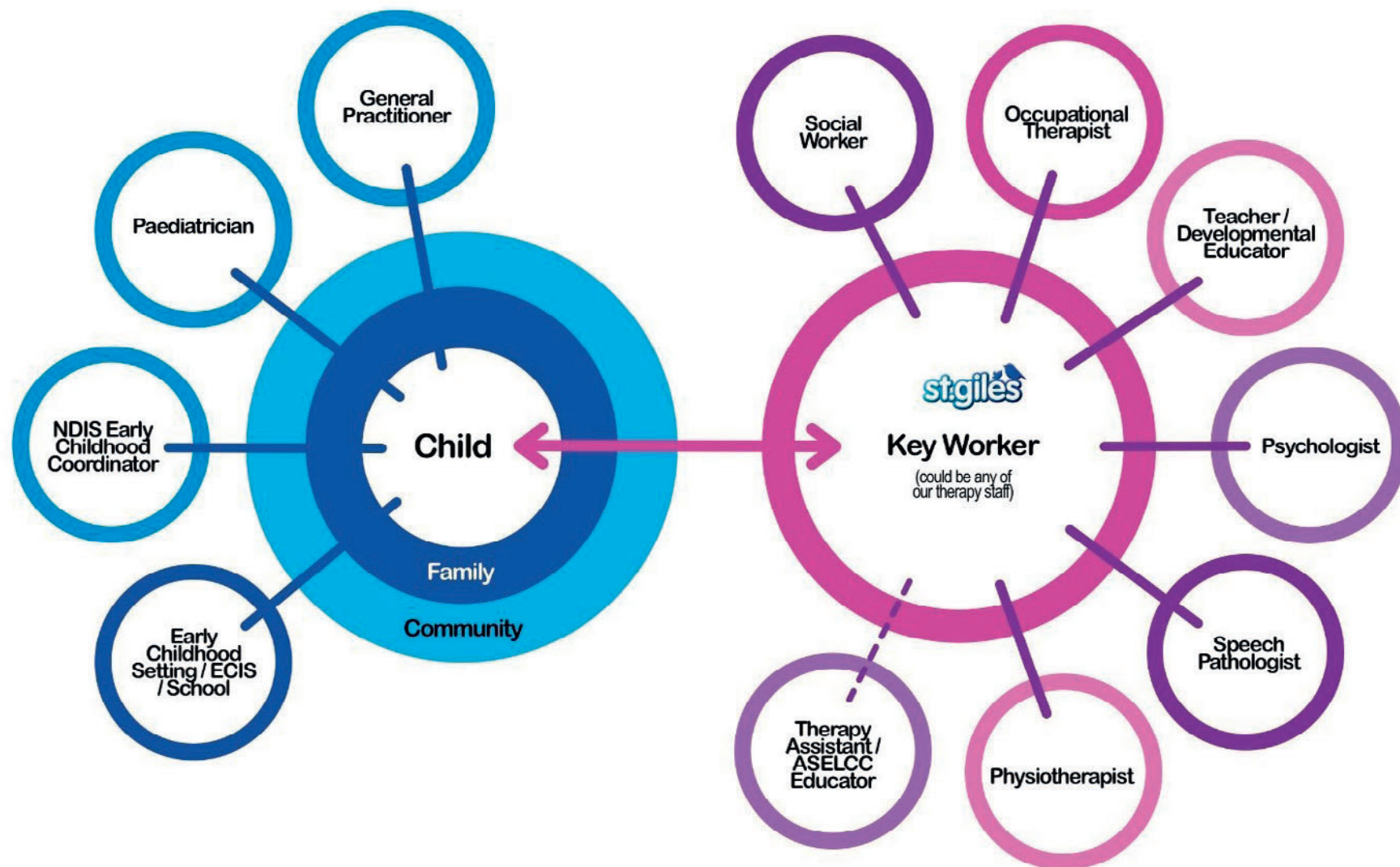
Families are valued members of the team and are required to be actively involved in all aspects of intervention. As parents you are the most important people in your child's life. The goal of your Key Worker is to support you to learn and feel confident to have the skills and knowledge to help your child grow, develop, and achieve their goals. Your Key Worker will do this by bringing ideas, information, and approaches from the whole team. Your Key Worker will support

you closely you to know how to use your child's interests, strengths and everyday routines to build skills and independence.

The team of professionals from different disciplines will meet regularly or consultation appointments can be organised to ensure that your child and family receives information from the whole team of professionals when required. With support from the other team members, your Key Worker works in partnership with you to support and strengthen your capacity to provide your child with opportunities and experiences that will promote your child's learning, development and participation in everyday activities.

Your Key Worker will act as the single point of contact for your family, providing you with support, resources and information tailored to meet your individual needs, and helping you access and coordinate the services you need. The other team members are still involved in different ways, including joint visits for consultation or assessment purposes. In some situations they might also provide individual or group based therapy. Your Key Worker may use some direct intervention strategies from outside their discipline with supervision and support from relevant team members.

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What are the Benefits of the Key Worker Model?

Research › Research has determined most parents prefer and have more success in achieving specific goals when being supported by a with a key worker than multiple individual therapists.

Single point of contact › Your family will have a single point of contact with services provided at St.Giles.

Simpler › Simplifies family relationships with your specialist team at St.Giles.

Individual advice › Your family will receive individual advice provided by a team of professionals.

Be involved › Your family will be involved in all decisions and intervention provided to your child.

Less appointments › Less specialist appointments for your family to attend.

Satisfaction › Greater family satisfaction with services.

Better outcomes › Better outcomes for children and families.

What Does Your Key Worker Do?

Support › Support your child to achieve their developmental goals and you to decide which goals are important to your child.

Build relationships › Build supportive partnership-based relationships with your family.

Become an expert › Become an expert of your family's circumstances, routines, interests and values.

Help navigate › Help you navigate services provided at St.Giles and in the community.

Build confidence and skills › Build your confidence and skills to promote your child's development and participation in necessary and desired activities.

Build capacity of carers › Build capacity of those who care for your child outside of your family, to improve participation and success in their different environment

Coordinate › Coordinate the team of professionals at St.Giles who support your child.



Goals and Areas You Would Like Support

Goals are important. They are personal and describe the tasks, skills and/or activities that you would like your child to build the skills to do and what matters most to your family.

Clear and detailed goals are essential as they help you as a family understand what you are focusing on. Goals also support your Key Worker and Therapy Team to know what is a priority to your family.

Goals also support your Key Worker and the Therapy Team to understand what is important for your child and family and can therefore provide you with specific information, create a plan, coach you to provide opportunities to support your child with the skill and develop activities to support you to achieve this goal with your child.

When you met with your NDIS Early Childhood Partner you may have been supported to think about everyday tasks, routines, areas of development or specific skills that you would like your child to be supported with. These may have been short term goals and a priority for your family as well as long term goals, these are the things you may work toward by achieving smaller goals. This can make up the goals that you would like supported by your St.Giles Key Worker. Your Key Worker will ask you questions about your goals and regularly review these with you to check if the plan created is supporting you and your child achieve the goals.

You may have some goals in mind already, but if not your Key Worker will help you set these goals.

Some examples of therapeutic goals that can be supported by Allied Health Therapists include:

- I would like to understand strategies to support my child when they are upset.
- My child will be able to put their top on by themselves.
- For my child to have a way to communicate with people outside of our family.
- I would like my child to be able to walk the three stairs into our front door.
- My child will be able to use their fork to pick up food to feed themselves at dinner.

When considering goals that are important to your child consider some of the following questions:

- What is the hardest part of your day?
- What would you like your child to improve?
- What is not working in your everyday life that you would like to change or have help with?
- What support or skills do you think you need to support your child?

Tell us about your child.

YOUR CHILD

What is your child's favourite play activity/toy?
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What does your child enjoy doing when they play?
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Where is your child's favourite place?
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What makes your child feel calm?
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When your child is happiest what are they doing?
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Who is in your child's family?
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Meet Our Team

We are really excited to meet your child and have some fun in our therapy sessions. These are some of the friendly St.Giles faces you might see and meet during you therapy journey with St.Giles.

HOBART

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